

**NEWMAN BIBLE ACADEMY
ONLINE COURSE SYLLABUS
By Dr. Willis C. Newman**

Course Title: Christian Counseling

Abbreviation: MI 107

Credit Hours: 3

Instructional Hours: 30

Instructor: Dr. Willis C. Newman.

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Catalog description: This introductory course covers the major theories of counseling, examines Scriptural foundations for counseling, provides a system of Christian counseling, introduces specific counseling techniques, and explains the issues surrounding domestic violence and anger management.

Student Outcomes: Upon successful completion of this course, the student should be able to:

1. Explain the major theories of current counseling systems.
2. Gain a general understanding of the issues involved in Christian counseling.
3. Present a Scriptural foundation of Counseling, including a definition, the process, and goals.
4. Evaluate the Scriptural view of human nature, cause of psychological problems, Grace, and counseling the unsaved.
5. Understand a basic system of Christian counseling, including issues of the counselee and counselor, counseling process, ethical issues, and common problems of pastoral counseling.
6. Identify twenty 29 specific techniques the counselor may use in the counseling process.
7. Explain the key components and concepts of cognitive therapy, including a Christian perspective on specific thinking distortions.
8. Draw out relevant, personal, practical applications from the science and practice of counseling.
9. Gain a greater understanding of God, His purposes, and relations to the believer's spiritual life.
10. Exhibit expertise on how counseling/psychology relates to ministry, and personal life.
11. Understand and develop a strategy to deal with anger management.
12. Evaluate and explain issues dealing with domestic violence.

Course Requirements.

Students have 10 weeks to complete the following course requirements. Final grades will be based on the total accumulated points from the examination plus the analysis papers.

1. The reading and understanding of the assigned textbooks and readings as explained below. I will email them to you by email attachment in pdf format.

- Bible teaching about Christian Counseling: Theory and Practice.
- Anger management

- Domestic Violence: Causes and Cures.

2. Examination. Required is one examination. The exam consists of 270 questions worth 1 point each. The examination will be sent to you by email along with the syllabus, and the study materials. You fill out the answers. The exam is open book. On a Word document, type out your answers to each question, then email it back as an attachment to me at drwillisnewman@gmail.com. Here is an example.

Give your name and course at the top of your answer sheet.

Example answer sheet.

Your name _____

Course: MI 107 Christian Counseling.

Answers:

1. d
2. a
3. Write out your choice of answer for any fill in questions.
4. Write out True or False for any questions that calls for such an answer .
5. c.

The exam answers can be found in the three ebooks listed above under requirement one, plus the Bible.

3. Analysis Papers: Download from this website four articles/Bible studies. At the end of each study are 10 questions. Answer the ten questions for each study on a Word document. Send your answers to me by an email attachment for grading. Use only three or four sentences to answer each question.

Please wait until you have finished all the studies, then send them to me all at one time. Each study is worth 50 points.

Here is how to access the studies.

- a. Go to the website: www.Bible-teaching-about.com.
- b. Click on the table of contents on the left hand column.
 - The first three studies are in the first category: Christian Life Skills.
 - The study on grief management is under the Christian Counseling category.
- c. Click on the article, download it, and answer the questions on a Word document.

Here are the four studies you are required to complete.

- Bible teaching about managing thoughts.
- Bible teaching about depression.
- Bible teaching about worry.
- Bible teaching about grief management.

4. Recommended Reading. The preferred English Bible translations for the student to use is the New American Standard Bible, or the New King James Bible. Recommended study Bibles are The Ryrie Study Bible (Moody Press), and the Nelson Study Bible, NKJV

(Thomas Nelson Publishers, Earl Radmacher, general editor). You may use a Bible in your own mother language.

5. Total possible points:

Examinations:	270
Four analysis papers:	<u>200</u>
Total	470

6. Course schedule:

The following schedule will enable you to finish the course in 10 weeks. It is important to stay on schedule so you do not get overwhelmed at the end of the course. These dates are guidelines, not deadlines.

Weeks one - three: Read/study ebook on Christian Counseling.
Complete portion of examination on Christian Counseling.

Weeks four & five: Read/study ebook on anger management.
Complete portion of examination on anger management.

Weeks six & seven: Read/study ebook on domestic violence.
Complete portion of examination on domestic violence.

Weeks eight & nine: Read Bible study on managing thoughts, depression, worry.
Complete answers for your analysis paper.

Week ten: Read Bible study on grief management.
Complete answers for your analysis paper.
Send all your completed work to me by email attachment.

Grading/Method of evaluation: Your grade is determined by adding together all your earned points, then dividing that number by the total points possible. That results in a percentage number. The following chart indicates your grade.

GRADE SCALE:

%	GPA	Letter	%	GPA	Letter	%	GPA	Letter
95%	4	A	83%	3.1	B-	71%	2.1	C-
94%	3.9	A-	82%	3.1	B-	70%	2.0	C-
93%	3.8	A-	81%	3.1	B-	69%	1.9	D+
92%	3.7	A-	80%	3.0	B-	68%	1.8	D+
91%	3.6	A-	79%	2.9	C+	66%	1.6	D+
90%	3.5	A-	78%	2.8	C+	65%	1.5	D+
89%	3.4	B+	77%	2.7	C+	64%	0.9	D
88%	3.3	B+	76%	2.6	C	63%	0.8	D
87%	3.2	B+	75%	2.5	C	61%	0.7	D
86%	3.2	B	74%	2.4	C	60%	0.7	D
85%	3.2	B	73%	2.3	C-	0%	0	F
84%	3.1	B	72%	2.2	C-			

Technical requirements. You will need a computer, printer, email account, and Microsoft Office 2003 – 2007. I would recommend that you use a free gmail account from Google for your email, and Internet Explorer for a browser. You will also need an adobe reader. If you don't have one, you can download one free from <http://get.adobe.com/reader/>

Purpose of Newman Bible Academy: This Academy exists to train men and women for worldwide Christian ministry as pastors, missionaries, teachers, and lay-workers. Our goal is to train students by strengthening their Christian faith, in order to proclaim and defend the teachings of the inerrant Word of God. This purpose is pursued through training in Bible, theology, and practical ministry, plus the development of personal spiritual maturity and zeal. Our existence is grounded in the Great Commission, which is to proclaim the gospel of Christ to the entire world, and make disciples of all those who respond to Christ. The Academy is global in nature, and designed to provide training for those who can least afford it anywhere in the world.

Study tips: It is suggested that the student carefully study each reading. First, read through the assigned section to get a general overview. Reread the section, and write down important concepts as you read along. Review. Review. Review. Rehearse and visualize the contents. Memorize key concepts. Take the exam. The exams are open book, but realize that you must know the material very well to complete the exams within the time limit allowed.

Book acquisition: You do not need to purchase any books as everything you need is found on the internet. Of course, you will need a Bible.